

GLOBAL ALLIANCE AGAINST CHRONIC RESPIRATORY DISEASES (GARD)

GARD General Meeting 2018
30 August-1 September 2018, Helsinki, Finland
National Institute for Health and Welfare



World Health
Organization

12th GARD General Meeting

The Natural Step to Respiratory Health

Thursday, 30th of August – Saturday, 1st of September 2018

The National Institute for Health and Welfare, Helsinki, Finland
Mannerheimintie 166, Helsinki



Thursday, 30.8 2018

OPEN MEETING

An update on Chronic Respiratory Diseases (CRDs)

08:30–09:00 Registration

Arvid Nyberg: Welcome

09.00–10.30 THE GLOBAL BURDEN OF CHRONIC RESPIRATORY DISEASES

Moderators: Cherian Varghese, Nikolai Khaltsev

09.00–09.20 Guy Marks: Global burden of asthma and COPD
Reduction of mortality in selected countries

09.20–09.40 Zaurbek Aisanov: COPD and comorbidities:
the need for a holistic approach

09.40–10.00 Anders Lindén: The economic burden of asthma
and COPD – a Swedish point of view

10.00–10.20 Hubert Nettel: Are we neglecting the role of patients
in CRD prevention?

10.20–10.30 Discussion

10.30–11.00 *Coffee break*

11.00–13.00 THE TOBACCO END GAME

Moderators: Patrick Sandström, Asma El Sony

11.00–11.20 Maria Juusela: Tobacco as a risk factor for NCDs
and CRDs

11.20–11.40 Zaurbek Aisanov: Tobacco prevention in Russia

11.40–12.00 Yang Tingzhong, Weifang Zhang: Assisted and Unassisted
Smoking Cessation in China

12.00–12.20 Cherian Varghese: Tobacco prevention in low income
countries

12.20–12.40 Kari Reijula: The tobacco endgame in Finland

12.40–13.00 Discussion

13.00–14.00 *Lunch*

14.00–17.00 AIR POLLUTION AND mHealth (organized by POLLAR group)

Moderators: Jean Bousquet, Nikolai Khaltsev

14.00–14.20 Josep Anto: Planetary health

14.20–14.40 Alvaro Cruz: MASK in LMIC, the example of Brazil

14.40–15.00 Lan Le Thi Tuyet: Deployment of POLLAR in Vietnam

15.00–15.30 *Coffee break*

15.30–15.50 Mina Gaga: Atmospheric pollution and the ERS/ELF
clean air campaign

15.50–16.10 Arunas Valiulis: Vilnius Declaration on Chronic Respiratory
Diseases

16.10–16.30 Anna Bedbrook: MASK and The Allergy Diary

16.30–16.50 Jean Bousquet: Next-generation treatment pathways

16.50–17.00 Discussion



18.00–20.00

GET TOGETHER PARTY

Finnish Lung Health Association (FILHA)
Sibeliuksenkatu 11, Helsinki



Friday, 31.8 2018

08.30–09.00 Registration of participants

09.00–09.45 I. OPENING

Moderator: Tuula Vasankari, Pekka Puska

09.00–09.05 FILHA: Tuula Vasankari: Welcome

09.05–09.10 National Institute for Health and Welfare:
Marina Erhola: Welcome

09.10–09.20 Minister of Social Affairs and Health, HE Pirkko Mattila

09.20–09.25 Assistant Director General WHO, Svetlana Akselrod:
Welcome (via video)

09.25–09.35 WHO, Coordinator Management of NCDs:
Cherian Varghese: Tackling NCDs is a priority

09.35–09.45 GARD Chair: Nikolai Khaltsev:
GARD's role in tackling CRDs

09.50–12.15 II. SETTING THE SCENE

Moderators: Jean Bousquet, Cherian Varghese

09.50–10.00 An asthma patient story

10.00–10.30 Launch of the Global Asthma Report 2018: Guy Marks

10.30–11.00 *Coffee break and poster viewing*

11.00–11.30 Tari Haahtela: The Natural Step to Respiratory Health

11.30–12.15 PANEL DISCUSSION: THE NATURAL STEP TO RESPIRATORY HEALTH

Moderator: Nils Billo

Pekka Jousilahti: The history of Allergy Research
Eeva Furman: Global warming and biodiversity loss –
the medical implications

Jenni Lehtimäki: Changes in microbiome –
the immunological responses

Alvaro Cruz: Urbanization and respiratory health in Brazil

12.15–13.00 *Lunch and poster viewing*

13.00–14.00 III. NATIONAL RESPIRATORY PROGRAMMES: HOW TO MAKE THEM WORK

Moderators: Pekka Jousilahti, Cherian Varghese

13.00–13.10 Erkkä Valovirta: The implementation of Allergy programme
in Finland

13.10–13.20 Arzu Yorgancioglu: Respiratory Health in Turkey

13.20–13.30 Giovanni Viegi: GARD Italy: a model of productive
collaboration

13.30–13.40 Marina Erhola: Reconsideration of PAL-like activities

13.40–13.50 Niels Chavannes: Respiratory health programme
in the Netherlands

13.50–14.00 Dean Schraufnagel: The role of FIRS in improving
management of CRDs

14.00–14.15 Discussion

14.15–15.00 IV. AMBIENT AND INDOOR AIR POLLUTION

Moderators: Arvid Nyberg, Arzu Yorgancioglu

14.15–14.25 Battur Lkhagvaa: Air pollution in Ulan Bator –
what can be done?

14.25–14.35 Digamber Behera: Policies to reduce indoor air pollution
in South East Asia

14.35–14.45 Asma El Sony: Air pollution in Africa: a neglected topic?

14.45–14.55 Tonya Winders: The role of mothers in asthma education

14.55–15.05 Jean Bousquet: Air pollution and self-management
in allergies and asthma

15.05–15.15 Discussion

15.15–15.45 *Coffee break and poster viewing*

15.45–16.15 PLENARY

Anni Sinnemäki, Vice mayor of Helsinki City:
Planning green cities



16.30 Bus transport to Tuohilampi
(40 min outside Helsinki): Bus departs from
National Institute for Health and Welfare

**17.30–18.45 V. GROUPWORK OUTDOORS:
IMPROVING TECHNICAL ASSISTANCE IN LMIC
Challenges, opportunities and action points
Moderator: Teresa To**

Group 1: What are the essential components to maintain and expand a CRD programme?
Moderator: Cherian Varghese

Group 2: Tobacco cessation programmes in GARD countries: how can we strengthen them?
Moderator: Arzu Yorgancioglu

Group 3: mHealth programmes for CRDs?
Experiences and challenges: the way forward
Moderator: Niels Chavannes

Group 4: Monitoring of asthma, COPD and Respiratory Health
Moderator: Teresa To

Group 5: Which are the key elements for a successful technical assistance programme for CRDs?
Moderator: Eric Bateman

Group 6: Dealing with CRDs in primary health care and the patient perspective
Moderator: Jaime Correia de Sousa

18.45–19.00

A short walk in the surroundings of Tuohilampi



19.15–21.15

BUFFET / DINNER: TUOHILAMPI

21.15

Bus transport to the hotel

Saturday, 1.9 2018

**08.30–09.30 V. GROUP PRESENTATIONS AND DISCUSSION
(5 min presentation/group)
Moderator: Teresa To**

**09.30–10.30 VI. INTEGRATION OF RESPIRATORY HEALTH INTO
PRIMARY HEALTH CARE
Moderators: Jaime Correia de Sousa, Digamber Behera**

09.30–09.40 Lan Thi Tuyet: The costs of COPD and asthma management in Vietnam

09.40–09.50 Asma El Sony: CRD programmes in Sudan

09.50–10.00 Firuza Abdullaeva: Role of educational process in building up specialists on respiratory diseases at the PHC level in Tajikistan.

10.00–10.10 Elizabete Nunes: GARD – CPLP: Integration of CRD programmes

10.10–10.20 Mohammed Masjedi: CRD programmes in Iran: progress update

10.20–10.30 Sandra Gonzalez-Dias: GARD Mexico: Successful asthma education

10.30–11.00 Coffee break and poster viewing

**11.00–12.30 VII. INNOVATION AND CHRONIC RESPIRATORY
DISEASES
Moderators: Arvid Nyberg, Arunas Valiulis**

11.00–11.10 José Rosado Pinto: Portuguese National Program for Respiratory Diseases: 2016–2020 strategy.

11.10–11.20 Talant Sooronbaev: The efficiency of the clean stove project in Kyrgyzstan (FRESH AIR project)

11.20–11.30 Stefania La Grutta: Activities of the Italian Society for Pediatric Respiratory Medicine

11.30–11.40 Jaime Correia de Sousa: Asthma Right Care: a movement for Global Change

11.40–11.50 Giovanni Viegi: How can we reduce personal exposure to air pollution?

11.50–12.00 Eric Bateman: Progress update on PACK

12.00–12.10 Tuula Vasankari: Innovation of CRD programmes with support from GARD

12.10–12.20 Cherian Varghese: Preparation for the 3rd UN HLM and the Independent WHO High Level Commission
12.20–12.30 Discussion

12.30–13.30 Lunch

**13.30–14.45 VIII. POSTER PRESENTATIONS:
Improving prevention and management of CRDs in the SDG era: 5-year Action plans of GARD countries and GARD members**
Moderator: Cherian Varghese

**14.45–15.00 IX. HELSINKI ALERT 2018:
THE NATURAL STEP TO HEALTH**
Moderators: Tari Haahtela and Nikolai Khaltsev

15.00–16.00 12TH GARD GENERAL MEETING
Chair: Nikolai Khaltsev



1. GARD elections: new members
2. Activity report 2017–2018
3. GARD finances 2018 and budget 2019
4. GARD activity plan 2019
5. GARD General Meeting 2019
6. Other business

16.00–16.15 Nikolai Khaltsev: Closure of GARD General Meeting

Organized by:



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